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this memoir entitled the long and tumultuous journey of my life consists of 183 pages with 112 interior pictures most of immediate family pictures it contains 10 chapters chapter one portrays the first 24 years of authors personal and professional life it illustrates the difficulty of authors life living in desolated area because of his father military assignments it shows authors anxiety about the second world war and occupation of his beloved country by foreign troops it also gives information about his personal life his immediate family persian traditions and customs and his father being prisoner of war it demonstrates his feeling toward living in different localities with different cultures and environments it also describes his elementary high school and medical schools and how he endured numerous examinations and hardships chapter two deals with his postgraduate study and training in different hospitals and difficulty to get familiar with american culture and society how he finished internship pediatric residency and fellowship in pediatric cardiology during latter of which he met his future wife he went through several examinations to be american board certified in the field of pediatrics and pediatric cardiology by passing written part of sub board of pediatric cardiology examination and to an academic career chapter three contains authors marriage and having three beautiful children he obtained academic medical career and was promoted to associate professor this was one of best part of authors personal and professional life in watching his children growth and success in his job chapter four portrays authors sabbatical leave from the university and being quite successful in training and passing the oral portion of american sub board of pediatric cardiology to become board certified in american sub board of pediatric cardiology academically author published four scientific papers in the prestigious medical journals during one year this academic achievement caused some difficulty in his work due to the jealousy and inferiority complex of his colleagues chapter five explains happy and successful life at the beginning of his highest career but it caused authors adverse health problems and nervous breakdown this part of authors life dealt with hard work in administration teaching medical students training pediatric residents patients care and conducting research as being full professor and chairman of the department he was also as visiting professor in the university of pennsylvania and establishment of exchange program for faculties and residents between our department and the department of pediatric at the university of pennsylvania this period was another productive life academically by publishing numerous scientific publications and expansion of the department in every direction but to encounter budgetary problem and nepotism by university administration chapter six

describes my difficulty working in prejudiced hostile and notorious medical community and facing a great deal of jealousy and dishonesty in my profession at least i and my family were well accepted in the community this period was accompanied by great deal of authors childrens achievement academically and athletically they brought a slew of trophies and awards and straight a author witnessed tremendous success in his children this period also coincided with a lot of travel abroad and quite a few number of medical presentations locally nationally and internationally this chapter has been divided into section a and b which represents two different era of authors personal and professional life chapter seven was the best part of my life personally and professionally i had the best productivity academically and financially i was treated as a celebrity and being popular and liked by my patients and colleagues there was a big demand for my work not in th

the covid 19 pandemic has had a major impact on infants children and adolescents while the clinical course of sars cov2 is generally mild in young subjects significant challenges in this age group have been identified regarding mental health these challenges were associated with social distancing and public health measures employed to limit infection rates different countries chose to adopt different public health strategies concerning the extent of social isolation of children for example whether and how long schools were closed pandemic isolation as a natural experiment allows for assessing the consequences for the psychosocial development and mental health of the next generation it has become clear that timely research is necessary to guide healthcare and welfare politics to provide adequate surveillance strategies for children and adolescents in order to make a maximum of safe social contact in this context possible moreover the consequences of disease management measures such as social distancing homeschooling or mask wearing for the well being and mental health of the next generation also need to be quantified the psychosocial burden on children and adolescents must be addressed and effective measures to return to healthy lives and learn our lesson for future pandemic situations need to be based on solid evidence apart from a dimensional assessment of sub categorical impairments clinical consequences with respect to categorical mood anxiety or eating disorders warrant a thorough examination adequate scientific instruments for the monitoring and assessment of psychosocial consequences for children and adolescents need to be provided addressing both the view of parents and children and adolescents themselves finally apart from safe real life social contacts digital technologies and telemedicine interventions ranging from videoconference based psychotherapy to mobile phone apps need to be further investigated in children and adolescents to provide adequate health care in a pandemic situation

the conference was organized by the voice foundation to be an intimate gathering of carefully selected members of the profession s elite and the 22 papers were specifically invited from experts on the subject they discuss vocal fold physiology in terms of phonetics and speech acoustics and physics expression and singing pathology and general issues annotation copyright by book news inc portland or

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